

Sunday

Monday

Tuesday

Wednesday



Thursday

Friday

Saturday

# March 2025

## Winding Commons Senior Living

	<p>2 9:00am Tai Chi w/Pati-ER 1:00pm Word Makers-ER 1:30pm Bridge-2FGR 2:30pm Beanbag Baseball-ER</p>	<p>3 9:00am Full Body Exercise-ER <b>9:45am Alpha One Blood Pressure-MR</b> <b>9:45am Lunch Outing w/Campus Commons</b> 6:30pm Bingo w/Donna-MR</p> <p>Mardi Gras</p>	<p>4 9:00am Full Body Exercise-ER <b>11:00am Birthday Brunch-DR</b> <b>2:30pm Happy Hour w/Alincia Vela</b> <b>3:30pm ACTIVITY RAFFLE</b> 6:00pm Sequence w/Judith-2FGR</p>	<p>5 9:00am Yoga w/Tracy-ER 9:00am Wii Bowling-MR <b>9:45am Thunder Valley Casino Outing in Lincoln</b> <b>6:00pm Movie Night-MR</b> <i>The Six Triple Eight, Military Drama</i></p>	<p>6 9:00am Yoga w/Tracy-ER <b>9:30am Richard's Donuts-L</b> 1:00pm Pokeno w/Kay-MR 2:45pm Resident Wine Social (BYOB)-MR 6:30pm Bingo w/Donna-MR</p>	<p>7 9:30am Full Body Exercise-ER 12:30pm Sequence w/Willard-MR 2:30pm Indoor Golf-ER</p>
	<p>9 9:00am Tai Chi w/Pati-ER 1:00pm Word Makers-ER 1:30pm Bridge-2FGR 2:30pm Beanbag Baseball-ER</p>	<p>10 9:00am Full Body Exercise-ER 1:00pm Poker Walk <b>2:00pm Craft Class</b> 6:30pm Bingo w/Donna-MR</p>	<p>11 9:00am Full Body Exercise-ER <b>2:30pm Happy Hour w/Songbird Trio</b> 6:00pm Sequence w/Judith-2FGR</p>	<p>12 9:00am Yoga w/Tracy-ER 9:00am Wii Bowling-MR <b>Blue Oaks's Movie (TBD) Theater &amp; Lunch at Mel's Diner in Roseville</b> <b>6:00pm Movie Night-MR</b> <i>Irish Wish, Romantic Comedy</i></p> <p>Purim Begins</p>	<p>13 9:00am Yoga w/Tracy-ER 1:00pm Pokeno w/Kay-MR 2:45pm Resident Wine Social (BYOB)-MR 6:30pm Bingo w/Donna-MR</p>	<p>14 9:30am Full Body Exercise-ER 12:30pm Sequence w/Willard-MR 2:30pm Cornhole-ER</p>
	<p>16 9:00am Tai Chi w/Pati-ER 1:00pm Word Makers-ER 1:30pm Bridge-2FGR 2:30pm Beanbag Baseball-ER</p>	<p>17 9:00am Full Body Exercise-ER <b>9:45am Alpha One Blood Pressure-MR</b> <b>2:00pm Speed Bingo-MR</b> 6:30pm Bingo w/Donna-MR</p>	<p>18 9:00am Full Body Exercise-ER <b>2:30pm Happy Hour w/Michelle DeVol</b> 6:00pm Sequence w/Judith-2FGR</p>	<p>19 9:00am Yoga w/Tracy-ER 9:00am Wii Bowling-MR <b>9:45am High Hand Nursery &amp; Cafe</b> <b>6:00pm Movie Night-MR</b> <i>Red Notice, Comedy</i></p> <p>Spring Begins</p>	<p>20 9:00am Yoga w/Tracy-ER 1:00pm Pokeno w/Kay-MR 2:45pm Resident Wine Social (BYOB)-MR 6:30pm Bingo w/Donna-MR</p>	<p>21 9:30am Full Body Exercise-ER 12:30pm Sequence w/Willard-MR 2:30pm Volleyball-ER</p>
	<p>23 9:00am Tai Chi w/Pati-ER 1:00pm Word Makers-ER 1:30pm Bridge-2FGR 2:30pm Beanbag Baseball-ER</p>	<p>24 9:00am Full Body Exercise-ER 1:00pm Poker Walk-MR <b>2:00pm Craft Class</b> 6:30pm Bingo w/Donna-MR</p>	<p>25 9:00am Full Body Exercise-ER <b>2:30pm Happy Hour w/Jerry Lopes</b> 6:00pm Sequence w/Judith-2FGR</p>	<p>26 9:00am Yoga w/Tracy-ER 9:00am Wii Bowling-MR <b>9:45am Tour the State Capital &amp; lunch at Joe's Crab Shack on The River</b> <b>6:00pm Movie Night-MR</b> <i>The World's Fastest Indian, Adventure/Drama</i></p>	<p>27 9:00am Yoga w/Tracy-ER 1:00pm Pokeno w/Kay-MR 2:45pm Resident Wine Social (BYOB)-MR 6:30pm Bingo w/Donna-MR</p>	<p>28 9:30am Full Body Exercise-ER 12:30pm Sequence w/Willard-MR 2:30pm Indoor Golf-ER</p>
	<p>30 9:00am Tai Chi w/Pati-ER 1:00pm Word Makers-ER 1:30pm Bridge-2FGR 2:30pm Beanbag Baseball-ER</p>	<p>31</p> <h3>Irish Blessing</h3> <p>May your troubles be less and your blessings be more, and nothing but happiness comes through your door.</p>				

ER=Exercise Room, MR=Media Room, PL=Parking Lot, 2FGR= 2<sup>nd</sup> Floor Game Room, L=Lobby, DR=Dining Room, CR=Craft Room, PR=Pool Room, FPL=Front Parking Lot – All activities are subject to change