

ANNOUNCEMENTS & EVENTS

Krafty Klatsch & Coffee | Mondays 10:00 am, Great Room - **A time for working on your craft, whether it be knitting, crocheting, drawing, etc. Sitting around with neighbors as you work on your own projects. Enjoy Coffee and small sweets.**

Water Aerobics | Tuesdays at 10 am and Thursdays at 10:30am-Pool- **Enjoy a water aerobic workout in the beautiful Canvas pool**

Bocci Ball | Sundays at 4 pm, Bocci Court- **Join fellow neighbors and showcase your Bocci skills**

Game Night | Saturdays, 7:00 pm, Great Room - **Join fellow neighbors and play table games. Any ideas for games are welcome!**

Introduction to line Dancing | Thursdays at 7:00pm in Fitness Center- **"Kick up your boots, find the beat, and let the line dancing fun shuffle you into a great time!"**

Acrylic Painting | Thursday, September 3rd 1:30pm-Canvas Room - **Intuitive painting. Relax and let you mind go with this one! No painting is alike and all are a reflection of you!**

Luau Party | Thursday, September 3rd 4:00pm- Courtyard - **Get ready for tropical fun, island music, colorful leis, and lots of aloha at our luau party!**

Art Class with Nancy | Tuesday, September 8th 7:00pm- Canvas Room-

Wine Down Wednesday with Trivia | September 9th, 6:30pm-Great Room- **Midweek reset: good wine, good company, good vibes and show off those trivia skills!**

Book Club / LI | Thursday, September 10th 7:00pm- **"A Tree Grows in Brooklyn" by Betty Smith**

Billiards and Beer | Friday, September 11th 3:00pm-Game Room - **Calling all pool players! Stop in for a game and enjoy some brew and a snack.**

National Cream Filled Donut Day | Monday, September 14th 2:00pm - Great Room - **Treat yourself to a deliciously sweet celebration—National Cream-Filled Donut Day is here!**

Los Volcanes Food Truck | Tuesday, September 15th - **Get ready for a fiesta of bold flavors, delicious tacos, and tasty Mexican favorites!**

Vintage Finds & Friends | Wednesday, September 15th 6:30PM -**Step back in time and relive the good old days with a fun-filled journey through the vintage years!**

Celebrate September Birthdays | Wednesday, September 16th 2:00pm-Great Room - **Come enjoy cake and wish all our June Birthdays a Happy Day!**

Monthly Craft Project | Wednesday September 16th, 3:00pm-Canvas Room- **Fall is almost here! Let's get together for a cozy afternoon of creativity, laughter, and a little autumn magic.**

Bus trip to Baltimore | Thursday, September 17th-**Off to Baltimore for crab cakes, city vibes, and unforgettable adventures!**

Acrylic Painting | Thursday, September 17th 1:30pm- Canvas Room- **"Mix bright colors, express your creativity, and have fun creating a one-of-a-kind acrylic masterpiece!"**

Vaccine Clinic coming to Canvas | Friday, September 18th 10am-12pm- Canvas Room -**A convenient vaccine clinic is coming to Canvas—protect yourself and stay healthy!**

Presentation on Second Chances for Retired Horses | Tuesday, September 22nd - Great Room-**Discover the inspiring stories of retired horses and the wonderful lives they lead beyond the saddle!**

Movie Night | Tuesday, September 22nd 7:00pm-Media/Poker Room-**Sit, relax and enjoy movie snacks and watch a movie. (Movie TBD)**

Wine Down Wednesday | Wednesday, September 23rd 6:30pm Great Room- **Midweek reset: good wine, good company, good vibes and show off those trivia skills!**

Left Center Right - Ladies Night | Friday, September 18th 7:00pm-Great Room-**This event is resident-run. BYOB and snacks to share are appreciated but not mandatory.**

Cardinal Hollow Winery Event | Friday, September 25th - Great Room- **Come Sip, Savor & Socialize!**

Farina Pasta Bar Food Truck | Tuesday, September 29th 5:00pm- **Twirl into deliciousness with a tasty pasta feast from the food truck!**

Allegro Music Concert | Monday, September 30th 7:00pm - Lounge- **An enchanting evening of music awaits, where every note weaves a timeless tapestry of melody, emotion, and inspiration.**

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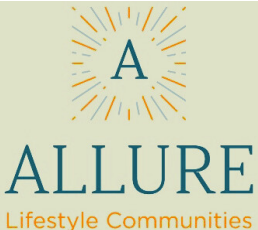
OFFICE PHONE:
484-747-6975
For Maintenance Emergency, Follow Prompt
**FOR ALL OTHER EMERGENCIES
PLEASE DIAL 911**

OFFICE HOURS
Mon-Thurs 9am -6pm
Fri - 8am - 5 pm
Sat - 10 am - 5pm
Sun - 12pm - 5pm

CIAO BELLA SALON
Tues 11:00 am - 7:00 pm
Thurs 11:00 am - 7:00 pm
Fri 9:00 am - 2:00 pm
Phone: (610) 990-7557
info@ciaobellasalon.com



NOTE: Weekly On-going Resident-Run Activities on calendar are noted in **BLUE print on calendar.** All welcome to participate!



Canvas at Valley Forge
101 Bryce Lane, King of Prussia, PA 19406



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 9:00 am Pilates / FC 10:00 am Water Aerobics/Pool 1:00 pm Bingo / GR 3:30 pm Ladies Poker / L 4:00 pm Chair Yoga /FC 5:00 pm Yoga / FC	2 9:00 am Dance / FC 10:00 Valley Forge Casino Trip 10:00 am Ping Pong / GaR 11:00 am Mahjong / L 2:30 pm Mens Poker / PMR 4:00 pm Chair Yoga /FC 	3 10:00 am Billiards / GaR 10:30 am Water Aerobics /Pool 12:00 pm Pinochle / L 1:30pm Acrylic Painting/ CR 2:00 pm Men's poker / GR 7:00 Rummikub / L 7:00 pm Introduction to Line Dancing/ FC 4:00pm Luau Party 	4 9:00 am Dance Fitness /FC 10:00 am Pilates 10:00 am Intermed Bridge 2:30 pm Open Poker / L 4:00 pm Chair Yoga /FC 5:00 pm Yoga / FC	5 9:00 am Balance Class / FC 9:30 am Stretch & Tone / FC 1:00 pm Mah Jongg /L 7:00 pm Game Night / GR 
6  9:00 am Yoga Class / PMR 10:15 am Chair Yoga / PMR 11:15 am Meditation / LI 4:00 pm Bocci Ball	7 9:00 am Pilates/Barre/Fusion 10:00am Canasta / L 10:00 am Krafty Klatsch & Coffee / GR 10: 00 am Billiards /GaR 12:30 pm Pinochle / PMR  1:00 pm Mahjong / L 5:00 pm Scripture Study /PMR 7:00 pm Mahjong /L 7:00 pm Rummikub/ L	8 9:00 am Pilates / FC 1:00 pm Bingo / GR 3:30 pm Ladies Poker / L 4:00 pm Chair Yoga /FC 5:00 pm Yoga / FC 7:00PM Art Class with Nancy 	9 9:00 am Dance / FC 10:00 am Ping Pong / GaR 11:00AM Tabling event with Ardent Credit Union 11:00 am Mahjong / L 2:30 pm Mens Poker / PMR 4:00 pm Chair Yoga /FC 5:00 pm Yoga / FC 6:30PM Wine Down Wednesday with Cider 	10 10:00 am Billiards / GaR 12:00 pm Pinochle / L 2:00 pm Men's poker / GR 4:00 pm Chair Yoga /FC 5:00 pm Yoga / FC 7:00 Rummikub / L 6:00 pm Introduction to Line Dancing/ FC 7:00 pm Book Club / LI	11 9:00 am Dance Fitness /FC 10:00 am Pilates 10:00 am Intermed Bridge 2:30 pm Open Poker / PMR 3:00 pm Beer & Billiards / GaR 4:00 pm Chair Yoga /FC 5:00 pm Yoga / FC 7:00 pm Live-Streamed Shabbat Service / MPR 	12 9:00 am Balance Class / FC 9:30 am Stretch & Tone / FC 1:00 pm Mah Jongg / L 7:00 pm Game Night / GR
13 9:00 am Yoga Class / PMR 10:15 am Chair Yoga / PMR 11:15 am Meditation / LI 4:00 pm Bocci Ball	14 9:00 am Pilates/Barre/Fusion 9:00 am Yoga Class / PMR 10:15 am Chair Yoga / PMR 10:00am Canasta / L 10:00 am Krafty Klatsch & Coffee /GR 10: 00 am Billiards /GaR 12:30 pm Pinochle /PMR 1:00 pm Mahjong / L 2:00PM National Cream filled Donut Day/ GR 3:00 pm Scrabble 5:00 pm Scripture Study /PMR 7:00 pm Mahjong /L 7:00 pm Rummikub / L 	15 9:00 am Pilates / FC 1:00 pm Bingo / GR 3:30 pm Ladies Poker / L 4:00 pm Los Volcanes Food Truck 6:30pm Vintage Finds & Friends  	16  9:00 am Dance / FC 10:00 am Ping Pong /GaR 1:00 pm Mahjong / L 2:00 pm Birthday Celebration / GR 2:30 pm Mens Poker / PMR 3:00 pm Monthly Craft Project/ CR 	17 10:00 am Billiards / GaR 12:00 pm Pinochle / L 1:30 pm Acrylic Painting / CR 2:00 pm Men's poker / GR 7:00 pm Rummikub / L 7:00pm Introduction to Line Dancing/ FC 9:00 AM Bus Trip to Baltimore 	18 9:00 am Dance Fitness /FC 10:00am Pilates 10:00 am Intermed Bridge 2:30 pm Open Poker / L 10am-12pm Vaccine Clinic 4:00 pm Chair Yoga /FC 5:00 pm Yoga / FC 7:00 pm Ladies Night- Left, Right , Center 	19 9:00 am Balance Class / FC 9:30 am Stretch & Tone / FC 1:00 pm Mah Jongg / L 7:00 pm Game Night / GR 
20 9:00 am Yoga Class / FC 10:15 am Chair Yoga / FC 11: 15 am Meditation / LI 4:00 pm Bocci Ball 	21 9:00 am Pilates/Barre/Fusion 10:00am Canasta / L 10:00 am Krafty Klatsch & Coffee / GR 10: 00 am Billiards /GaR 12:30 pm Pinochle /PMR 1:00 pm Mahjong / L 5:00 pm Scripture Study /PMR 7:00 pm Mahjong /L 7:00 pm Rummikub/L	22 9:00 am Pilates / FC 11:00AM presentation on Second Chances for Retired Horses 1:00 pm Bingo / GR 3:30 pm Ladies Poker/ L 7:00PM Movie Night/ PMR  	23 9:00 am Dance / FC 10:00 am Ping Pong /GaR 1:00 pm Mahjong / L 2:30 pm Mens Poker / PMR 6:30 pm Wine Down Wednesday with Trivia 	24 10:00 am Billiards / GaR 12:00 pm Pinochle / L 2:00 pm Men's poker / GR 7:00 pm Rummikub / L 7:00pm Introduction to Line Dancing/FC 	25 9:00 am Dance Fitness /FC 10:00 am Pilates 10:00 am Intermed Bridge 2:30 pm Open Poker / L 4:00 pm Chair Yoga /FC 5:00 pm Yoga / FC 6:30pm Sip, Savor, Socialize with Cardinal Winery 	26 9:00 am Balance Class / FC 9:30 am Stretch & Tone / FC 1:00 pm Mah Jongg / L 7:00 pm Game Night / GR
27 9:00 am Yoga Class / FC 10:15 am Chair Yoga / FC 11: 15 am Meditation / LI 4:00 pm Bocci Ball	28 9:00 am Pilates/Barre/Fusion 10:00am Canasta / L 10:00 am Krafty Klatsch & Coffee / GR 10: 00 am Billiards /GaR 12:30 pm Pinochle /PMR 1:00 pm Mahjong / L 5:00 pm Scripture Study /PMR 7:00 pm Mahjong /L 7:00 pm Rummikub / L	29 9:00 am Pilates / FC 1:00 pm Bingo / GR 3:30 pm Ladies Poker/ L 5:00pm Farina Pasta Bar Food Truck 7:00PM Art Class with Nancy 	30 9:00 am Dance / FC 10:00 am Ping Pong /GaR 1:00 pm Mahjong / L 2:30 pm Mens Poker / PMR 7:00pm Allegro Music Concert/ L 			
Location Key:	CYP = Courtyard Poolside CYN = Courtyard North CR = Canvas Room FC = Fitness Center	GR = Great Room GaR = Game Room LI = Library L = Lounge	PMR = Poker/Media Room P = Pool	A...	Healthy Inquisitive Centered Creative Playful Mindful Social Life.	OFFICE HOURS
	Monday - Thursday Friday Saturday Sunday	9:00 am to 6:00 pm 8:00 am to 5:00 pm 10:00 am to 5:00 pm 12:00 pm to 5:00 pm				