



August Movie Series

Saturdays at 2 PM Media Room

August 1

The Duke (British Comedy/Drama)

Rated R - A heartwarming film based on an incredible true story about an unlikely hero who steals a famous painting to stand up for what he believes is right. Full of humor, charm and heart.

August 15

Rescued by Ruby (Family/Drama)

Rated G - The uplifting film follows a state trooper and an energetic shelter dog who prove that second chances can lead to extraordinary things.

August 22

Enola Holmes 3 (Drama) - Rated PG-13

The Clever young detective returns for another exciting adventure filled with mystery and twists as she tackles her latest case using her wit and determination.

August 24

(MONDAY MOVIE AT 4PM)

Song Sung Blue (American Biographical Musical Drama) Rated PG-13 - Two down-on-their-luck performers form a Neil Diamond tribute band, proving it's never too late to find love and follow your dreams.

August 29

Bob Trevino Likes It (Comedy/Drama)

Rated PG-13 - A touching and uplifting drama about an unexpected online friendship that blossoms into a meaningful connection, reminding us that kindness and family can be found in surprising places.



Carrollton Medical Center

Tour & Lunch

**Friday, August 28th
at 12pm**

Join us as we take a behind the scenes tour of the Carrollton Regional Medical Center! Less than 10 minutes down the road, We'll learn about many services the hospital provides and gain a better understanding on how residents can benefit from a center so close! Complimentary lunch provided by Griswold.



Music Lecture w/ Matthew Banks
Wednesday, August 26th at 4pm
In The Dining Room



The Hive Collective

Saturday,

August 1st at 10am

Located in North Richland Hills, around 200 carefully selected boutiques and shops from local makers, workshops, and seasonal events. They curate for quality, variety, and craft. Keeping things community-driven, because the best markets aren't built. They're gathered. We will be going to lunch together after shopping, location TBD.



**Check Out More Photos
On Our Facebook Page!**



Joie de Vivre!
**JOY OF LIVING AT ATLAS POINT
FRENCH WEEK!**

**Mystère by Cirque du Soleil Screening at
Cosm (Grandscape) Ticket \$42 - billed to
account - Wednesday, August 5th at 5:30PM**

Imagine if a planetarium & an IMAX theater had a baby. The screen wraps around your entire field of view, making performances feel life-size and incredibly immersive. Watching Cirque du Soleil there feels like you're sitting right in the middle of the stage with the performers all around you. Deadline weeks in advance to get the best seats! Definitely a unique experience!



Lunch Bunch at La Parisienne French Bistro
Outing - Friday, August 7th at 1pm



Mrs. Harris Goes to Paris Screening
Saturday, August 8th at 2PM in the Media Room
In the 1950s London, a widowed cleaning lady falls madly in love with a couture Dior dress, deciding she must have one of her own. After working to raise the funds to pursue her dream, she embarks on an adventure to Paris that will change not only her own outlook, but the very future of the House of Dior.



an allure active adult community



Get ready to savor one of North Texas' favorite annual tradition! During Dallas Restaurant Week, participating restaurants offer special prix menu (at a set price), giving guests the opportunity to enjoy exceptional dining experiences while supporting a great cause. A portion of the proceeds from each meal benefits the North Texas Food Bank & the Lena Pope Foundation, making every bite count. **Table 13 - Friday, August 15th at 1pm.**

Dog Days Of Summer



Thursday, August 6th at 5pm In The Dining Room

Join us for a special social hour celebrating our beloved pets! We'll have refreshments, games, and fun prizes for your pups, so bring a photo of your pet to participate in one of our games. *Please leave all pets comfortably at home for this event.*



make a difference!

Monday, August 31st from 12:30-3:30pm

We would love to give back to our community and we will be providing transportation. Metrocrest is local non-profit dedicated to helping individuals, families, and seniors to achieve stability and independence which include programs such as its food pantry, financial assistance, and more.

Volunteers may help with a variety of tasks depending on the day's needs including, restocking shelves, managing carts, assisting clients, help clean or reset areas. We are looking for a **minimum of 8 participants**. Deadline 8/24. If you have any questions, please see Charlette.

Atlas Point Staff

Tonia Hillis - Community Manager
Kelli Lindsay - Assistant Manager
Charlette Lee - Life Enrichment Coordinator / Driver
Mercedes Vazquez - Maintenance Supervisor
Yenny Urdaneta - Housekeeping

Atlas Point Directory

Atlas Office | 469.210.3033
Salon by Maryam | 469.471.8117
Blair's Nail Salon | 214.450.8421
Transportation Line | 469.381.7042
Maintenance Emergency - Follow Prompt
Please Note: Text messaging may not be available for all phone numbers.

3033 E. Hebron Pkwy, Carrollton, TX 75010 | 469.210.3033

August 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 LAST DAY OF THE MONTH No Grocery Run Today 12:30 Metrocrest Pantry Volunteer Outing 1:30 Peg & Jokers *MR 1:30 PW Bible Study *P 	    	Legend CR - Coffee Room DR - Dining Room L - Library / Billiard Room MR - Media Room PR - Promenade Room PW - Prestonwood C - Conference Room	Transportation in Blue Special Events in Red	Medical appointments can be scheduled Tuesday & Thursday from 10-2pm. Please submit requests 2 days in advance. 	1 10:00 The Hive Collective (100+ local shops, artisans, and boutiques) Shopping in North Richland Hills Outing 11:00 Crafts w/ Linda *DR 2:00 Movie Matinee: The Duke (Comedy/Drama) Rated -R *MR 3:00 Mexican Train *PR
3 11:00 Champagne Brunch *DR 1:00 Trader Joe's 1:30 Peg & Jokers *MR 1:30 PW Bible Study *PR 4:00 Trivia Brain Games *MR	4 10:45 Water Aerobics w/ Deb 1:30 Bingo w/ Guest Caller Renee Elsner *DR  1:30 Mahjong *MR	5 10:00 Walmart / Target 11:30 Line Dancing w/ Cici *DR 1:00 PW Bible Study @ Church 3:00 Mexican Train *MR 3:00 Blood Pressure Check *DR 4:30 Mystère by Cirque du Soleil Screening at Cosm Ticket \$42 (Billed To Account) 	6 11:00 Fitness Class w/ Ernesto *DR 5:00 Dog Days of Summer Social Hour - Prizes For Your Pups! (Bring a photo of your pet) 	7 11:30 Yoga Class w/ Mitra *DR 12:30 Bridge *PR 1:00 La Parisienne French Bistro Outing  1:30 Cards Games *MR	8 11:00 Crafts w/ Linda *DR 2:00 Movie Matinee - Mrs. Harris Goes to Paris *MR 3:00 Mexican Train *PR
10 10:30 Discussion w/ Kingdom Seekers Carole Newton Book Review of Max Lucado's "Tame Your Thoughts" *PR 1:00 Kroger 1:30 Peg & Jokers *MR 1:30 PW Bible Study *PR	11 10:45 Water Aerobics w/ Deb 1:30 Bingo *DR 1:30 Mahjong *MR 4:00 Current Events w/ Lizzie Home Instead *DR	12 10:00 Walmart / Target 12:00 Midweek Muscle w/ Charlette *DR 1:00 PW Bible Study @ Church 3:00 Mexican Train *MR 3:00 Blood Pressure Check *DR 4:00 Wine Down Wednesday Happy Hour Hosted by AmeriLife *DR	13 11:00 Fitness Class w/ Ernesto *DR  4:00 NATIONAL LEFT-HANDERS DAY SHINDIG (Right Handers Welcome)	14 11:30 Yoga Class w/ Mitra *DR 12:30 Bridge *PR 1:00 Restaurant Week: Table 13 Outing (Benefiting the NTFB & LP Charities) 1:30 Cards Games *MR 7:00 Blank Slate *DR	15 11:00 Crafts w/ Linda *DR 2:00 Movie Matinee: Rescued by Ruby (Family/Drama) *MR 3:00 Mexican Train *PR
17 1:00 Market Street 1:30 Peg & Jokers *MR 1:30 PW Bible Study *PR 4:00 Getting To Know Your Neighbors - Speed Friendship Hour w/ Root Beer Floats *DR 	18 10:45 Water Aerobics w/ Deb 12:00 Harris Jewelry Repair *DR 1:30 Bingo - Guest Caller Kaylee w/ Patients Choice *DR 1:30 Mahjong *MR 4:00 Technology 101 *DR	19 10:00 Walmart / Target 10-3 Yes Hearing *C 12:00 Midweek Muscle w/ Charlette *DR 1:00 PW Bible Study @ Church 3:00 Mexican Train *MR 3:00 Blood Pressure Check w/ Cindy *DR 5:00 Dinner with the Directors Outing - Goodfellas Pizza Pasta Vino	20 11:00 Fitness Class w/ Ernesto *DR  5:00 Heatwave Rave Happy Hour w/ Singer Analisa Thirlwall *DR	21 11:30 Yoga Class w/ Mitra *DR 12:30 Bridge *PR 1:00 Mystery Lunch Outing 1:30 Cards Games *MR	22 11:00 Crafts w/ Linda *DR 2:00 Movie Matinee: Enola Holmes 3 (Drama) *MR 3:00 Mexican Train *PR
24 TBD Discussion w/ Kingdom Seekers 1:00 Kroger 1:30 Peg & Jokers *MR 1:30 PW Bible Study *PR 4:00 Movie Screening: Song Sung Blue Rated PG-13 *MR	25 10:45 Water Aerobics w/ Deb 1:00 Mary Kay Sale w/ Amanda *CR 1:30 Bingo *DR 1:30 Mahjong *MR 4:00 What's Happening in September (Early Sign Up) *DR	26 10:00 Walmart / Target 12:00 Midweek Muscle w/ Charlette 1:00 PW Bible Study @ Church 3:00 Mexican Train *MR 3:00 Blood Pressure Check w/ Cindy *DR 4:00 Matthew Banks Music Lecture *DR	27 9:00 Graff Mobile Podiatry Clinic *Next To Townhome 600 11:00 Fitness Class w/ Ernesto *DR  4:00 Charlette's Cooking Corner Demo - Summer Salads *DR (Please sign up)	28 11:30 Yoga Class w/ Mitra *DR 12:00 Carrollton Regional Medical Center Tour Outing (Lunch provided by Griswold Home Care) 12:30 Bridge *PR 1:30 Cards Games *MR 4:00 Birthday Bash *DR 7:00 Blank Slate *D	29 11:00 Crafts w/ Linda *DR 2:00 Movie Matinee - Bob Trevino Likes It (Comedy/Drama) Rated PG-13 *MR 3:00 Mexican Train *PR