

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						Aug 1 MAHJONG TOURNAMENT!! GREAT ROOM RESERVED 1:00pm-5:00pm
Aug 2	Aug 3 8:30am - Fitness w/ Lauren GR 8:30am - 4:00pm - Swim w/Buddy - P 10:00am - Pool/Billiards - G 1:30pm - Bingo GR	Aug 4 9:00 am - 1:00 pm - Dr Appt - B 10:00am - Disaster Preparedness Training with National Guard 1:00pm - Movie Matinee- T 6:30pm - Game Night - GR	Aug 5 8:30am-Flexible Fitness GR 8:30am - 4:00pm - Swim w/Buddy - P 9:00 am - Grocery Shopping - B 1:30pm- Bible Study w/Pam	Aug 6 8:30 am - Stamina/Strength/Stretch - GR 9:00 am - 1:00 pm - Dr Appt - B 9:45am-10:45am - Aqua Aerobics - P 10:00am - Pool/Billiards - G 1:30pm- Mahjong - GR	Aug 7 8:30 am - 4:00pm - Swim w/Buddy - P 11:00am - Kunkel Ambulance-Gr Blood Pressure/diabetes check National “Simplify Your Life” Week Simply Happy Hour-2:00pm w/Paul Gleba spinning the tunes! 3:00pm - Mahjong Lessons	Aug 8 GREAT ROOM RESERVED 12:00pm-5:00pm
Aug 9 	Aug 10 8:30am - Fitness w/ Lauren GR 8:30am - 4:00pm - Swim w/Buddy - P 10:00am - Pool/Billiards - G 1:30pm - Bingo GR	Aug 11 8:30am-Balance & Stretch-GR 9:00 am - 1:00 pm - Dr Appt - B 9:45 am - Aqua Aerobics P 10:00am- Veteran’s Coffee Hour- GR 1:00pm - Movie Matinee- T 6:30pm - Game Night - GR	Aug 12 8:30am-Flexible Fitness GR 8:30am - 4:00pm - Swim w/Buddy - P 9:00 am - Grocery Shopping - B 1:30pm- Bible Study w/Pam	Aug 13 8:30 am - Stamina/Strength/Stretch - GR 9:00 am - 1:00 pm - Dr Appt - B 9:45am - Aqua Aerobics - P 10:00am - Pool/Billiards - G 11:00am - 2:00pm - Swim w/Buddy - P 1:30pm- Mahjong - GR 1:30pm-Cardmaking w/Dorothy - CR	Aug 14 8:30 am - 2:00pm - Swim w/Buddy - P 10:30am-The Neighborhood Center, Brain Teasers with Alfacia. 1:30pm Table Tennis 3:00pm - Mahjong Lessons	Aug 15 
Aug 16 	Aug 17 8:30am - Fitness w/ Lauren GR 8:30am - 4:00pm - Swim w/Buddy-P 10:00am - Pool/Billiards - G 1:30pm - Bingo GR	Aug 18 8:30am-Balance & Stretch-GR 9:00 am - 1:00 pm - Dr Appt - B 9:45 am - Aqua Aerobics P 11:00am - 4:00pm - Swim w/Buddy P 1:00pm-Movie Matinee-T 6:30pm - Game Night - GR	Aug 19 8:30am-Flexible Fitness GR 8:30am - 4:00pm - Swim w/Buddy - P 9:00 am - Grocery Shopping - B 1:30pm- Bible Study w/Pam	Aug 20 8:30 am - Stamina/Strength/Stretch - GR 9:00 am - 1:00 pm - Dr Appt - B 9:45am - Aqua Aerobics - P 10:00am - Pool/Billiards - G 1:00am- Keepsakes Seminar- GR Cheyanne will share what free service she is offering on how we can document our lifes. 1:30pm- Mahjong - CR	Aug 21 8:30 am - 2:00pm - Swim w/Buddy - P 1:30pm Table Tennis - GR 3:00pm - Mahjong Lessons	Aug 22
Aug 23 Aug 30	Aug 24 & Aug 31 8:30am - Fitness w/ Lauren GR 8:30am - 4:00pm - Swim w/Buddy-P 10:00am - Pool/Billiards - G 1:30pm - Bingo GR	Aug 25 8:30am-Balance & Stretch-GR 9:00 am - 1:00 pm - Dr Appt - B 9:45 am - Aqua Aerobics P 10:00am- Veteran’s Coffee Hour- GR 11:00am - 4:00pm - Swim w/Buddy P 1:00pm-Movie Matinee-T 6:30pm - Game Night - GR	Aug 26 8:30am-Flexible Fitness GR 8:30am - 4:00pm - Swim w/Buddy - P 9:00 am - Grocery Shopping - B 1:30pm- Bible Study w/Pam CRUISE-IN CAR SHOW 3:00PM-6:00PM Music, 50/50, & CARS!! Rotary Chicken BBQ Fundraiser	Aug 27 8:30 am - Stamina/Strength/Stretch - GR 9:00 am - 1:00 pm - Dr Appt - B 9:45am - Aqua Aerobics - P 10:00am - Pool/Billiards - G 1:00am-Cruisin for Cruises - GR Marie will be here to share what upcoming cruises there are & offer some incentives. 1:30pm- Mahjong - GR	Aug 28 8:30 am - 2:00pm - Swim w/Buddy - P 1:30pm Table Tennis - GR 3:00pm - Mahjong Lessons	Aug 29 RESIDENT ASSOCIATION “END OF SUMMER” PICNIC 11:00AM

LOCATION KEY B = Bus BP = Back Patio CR = Craft Room FC = Fitness Center G = Game Room GR = Great Room L = Library P = Pool T = Theater	Allure Life ♦Healthy♦ ♦Social♦ ♦Mindful♦ ♦Playful♦ ♦Creative♦ ♦Centered♦ ♦Inquisitive♦			OFFICE HOURS Monday - Friday Saturday Sunday 8:30 am - 4:30 pm By Appointment CLOSED GREAT ROOM