

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

31.
9:00am Coffee Chat
10:00am Bible Study
11:15am Tai Chi Class
1:00pm Bingo
5:00pm Ladies Poker

7. **Office Closed for Labor Day**
9:00am Coffee Chat
10:00am Bible Study
1:00pm Bingo 
5:00pm Ladies Poker

14.
9:00am Coffee Chat
10:00am Bible Study
11:15am Tai Chi Class
1:00pm Bingo 
5:00pm Ladies Poker

21.
9:00am Coffee Chat
10:00am Bible Study
11:15am Tai Chi Class
1:00pm Bingo 
5:00pm Ladies Poker

28.
9:00am Coffee Chat
10:00am Bible Study
11:15am Tai Chi Class
1:00pm Bingo 
4:00pm **Bunco & Bites**
5:00pm Ladies Poker

1.
10:00am Chair Yoga
12:00pm Card Games

8. **10:30am "Ask the Experts" w/Coffee & Donuts hosted by Amerilife**
10:00am Chair Yoga
12:00pm Card Games

15. **9:30am-3pm Ft. Worth Museum of Science and History (65+ is \$14) & Lunch @ Chuy's**
10:00am Chair Yoga
12:00pm Card Games

22.
10:00am Chair Yoga
12:00pm Card Games
4:00pm **National Ice Cream Cone Day**
Sponsored by Amerilife

29.
10:00am Chair Yoga
12:00pm Card Games
2:00pm **Guided Painting w/a Twist**

2. 9:00am Coffee Chat
11:15am Tai Chi Class
12:00pm Card Games
1:00pm Wii Bowling
4:00pm **Office Hosted Wine Down Wednesday**

9.
11:15am Tai Chi Class
12:00pm Card Games
1:00pm-4:00pm **Dr. Graff Mobile Foot/Ankle Clinic**
4:00pm **Office hosted WDW w/ Sojourn Live**

16.
11:15am Tai Chi Class
12:00pm Card Games
1:00pm Wii Bowling
4:00pm **Resident Led Wine Down Wednesday**

23.
9:00am Coffee Chat
11:15am Tai Chi Class
12:00pm Card Games
1:00pm Wii Bowling
4:00pm **Office Hosted Wine Down Wednesday**

30.
9:00am Coffee Chat
11:15am Tai Chi Class
12:00pm Card Games
1:00pm Wii Bowling
4:00pm **Resident Potluck - Birthday Party**

3.
10:00am Aqua Fitness
12:00pm Dominoes
4:30pm Jam Session
6:00pm Men's Poker

10. **9:30am-10:30am Flu & Covid Shots w/sack lunch**
10:00am Aqua Fitness
12:00pm Dominoes
4:30pm Jam Session
6:00pm Men's Poker

17.
10:00am Aqua Fitness
12:00pm Dominoes
4:30pm Jam Session
6:00pm Men's Poker

24.
10:00am Aqua Fitness
12:00pm Dominoes
4:30pm Jam Session
6:00pm Men's Poker

4.
9:00am Coffee Chat
12:00pm Card Games

11.
9:00am Coffee Chat
12:00pm Card Games
3:30pm **Ice Cream Social**

18.
9:00am Coffee Chat
12:00pm Card Games
4:00pm **Karaoke & Pizza**

25.
9:00am Coffee Chat
12:00pm Card Games
3:30pm-5pm **Healthy Aging Vendor Fair**

5. **10:30am "Donut" Miss this Open House**

12. **11:00am Popcorn Bar - Open House**

19. **11:30am Resident Appreciation Brunch**

26. **10:30am Mimosa Bar Open House**

SEPTEMBER

Important Info for the Month

“Ask the Experts” w/Coffe & Donuts: Tues. 9/8 10:30am–11:30am is hosted by Amerilife. Stop on by for any question related to Medicare Plans, ACA, Prescription Drug Plans, Life Insurance, ARA’s, 401k’s, Social Security, Investments/Annuities, Long-term care, or Lifetime Income.

Flu & Covid Shots & Sack Lunch: Thurs. 9/10 9:30am–10:30am Sign up for a slot in the clubhouse and grab the informational form to bring with you.

Bus Outing: Tues. 9/15 9:30am–3pm: We will be taking up to 12 residents to the Ft. Worth Museum of Science & History. Tickets are \$14 for 65+ and you will be responsible for covering the cost of the ticket. After, we will be going to lunch at Chuy’s Mexican Restaurant. Please sign up to secure your spot.

Healthy Aging Vendor Fair: Fri. 9/25 3:30pm–5pm: This come and go event will have several vendors from all types of categories to help with questions you may have on how to help you in the aging journey. Light snacks and drinks will be provided as well as opportunities to win prized from the vendors.

Bunco & Bites: Mon. 9/28 4pm–5pm Is an easy to play dice game that is good for socializing, having fun, and maybe learning a new game. There will be light snacks provided and prize for the winner.



2026



Sunstone Village Staff

Bethany | Community Manager

Karen | Leasing Manager

Linn | Assistant Manager

Mike | Maintenance Manager

Joe & Peyton | Maintenance Technicians

Sunstone Directory

Sunstone Village Office | 940-898-9899

Maintenance Emergencies | Follow
Prompt

For Emergencies call 911!

Manager email: bphan@allurelife.com

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FRIENDSHIP. ENTHUSIASM.


**SUNSTONE
— VILLAGE —**
an allure active adult community

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